Module 6 HIV

- 1 Fathers, go with your spouse for HIV testing to find out if you have HIV.
 - If you have HIV you can begin treatment before you are sick.
 - If you or your spouse has HIV, you can take action to protect each other.
- If you or your partner has HIV, use a condom every time you have sex to prevent spreading HIV.
 - HIV is most commonly spread through sex.
 - Condoms provide a barrier keeping HIV from passing from one partner to another in sex fluids.
 - If you don't know your status (or your partner's status) use a condom.
- (3) HIV negative fathers, stay faithful to one HIV negative sex partner to avoid new infections.
 - Staying faithful (not have other sexual partners) prevents future infections.
- 4 HIV negative fathers, consider circumcision to prevent new HIV infections.
 - Circumcision reduces the chances of a men getting HIV during sex.
- If your wife is HIV positive, encourage her to begin treatment to prevent spreading HIV to the infant.
 - HIV may spread to the children through pregnancy, delivery and breastfeeding.
 - HIV positive mothers take treatment to prevent HIV from spreading to the child.
 - Even if your wife does not show signs of sickness, encourage her to begin HIV treatment.
 - If you or your spouse has HIV, begin treatment as soon as possible.
 - Talk with a health worker to find out if you are able to begin treatment.



